

What is your parenting style?

Name _____

Date _____

Which type of statement best describes your parenting style:

- 1.a. Do as I say without asking why?
 - b. It is important to get a child's perspective and feelings but still establish boundaries.
 - c. A child will learn in their own way and making mistakes will allow them freedom.
 - d. A child can make their own choices without my input.
2. a. Children need to be told what to by an adult and follow rules strictly
 - b. a child has valuable information they can share with their parents for decision making
 - c. I am my child's friend and give in to them to avoid conflict.
 - d. I let my child be free to live life how they feel expresses themselves
3. a. Children need to be seen and not heard
 - b. kids can help make family rules with parent approval.
 - c. Children need freedom not rules.
 - d. I don't need to monitor my child's activities or know who their friends are.
4. a. Parents know what is best for their child and will tell them what to do.
 - b. A parent establishes consequences in advance of breaking rules and discusses it with their children
 - c. I permit my children to change rules whenever they don't agree with them.
 - d. I show up when my kids ask me to otherwise they can make it without my interference.
5. a. If my child doesn't do what I want, they will be punished.
 - b. kids can and should learn how to make choices and I help guide and teach them.
 - c. Bribes are good ways to get kids to do what they should be doing.
 - d. I don't ask my child what is going on in their life. They will tell me if they want me to know.